

CAMP GOLD COAST

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HIMALAYAN OUTDOORS: GET OBSESSED WITH ADVENTURE




Himalayan Outdoors Camp GOLD COAST is located on the Rishikesh Devprayag road (260 kms from Delhi/30 kms from Rishikesh ; within 5-6 hours driving time from Delhi) on the bank of the river Ganga, on a sandy river beach and a portion of riverside forest. An excellent getaway from city stress - the tented river camp offers complete outdoor experience with white water rafting at its very best, camp games, solitude, campfire tales, kayaking, abseiling, rock climbing, good food and new found friends. And, for the not so adventurous, a great holiday to put their feet up & relax, with a few lazy walks thrown in. For people with more time on their hands, we recommend self-contained, multi-day rafting expeditions on the tributaries of the holy Ganga, the Alaknanda and the Bhagirathi, both of which are possible within 6-9 days from Devprayag.

Being the biggest Rafting Camp of the country, wide spread on the white sand beach, Camp Gold Coast is run with a motive to promote Eco Tourism in the area, which helps to preserve our ecology and provide our guests with all new ambience.



Camp Gold Coast serves as an ideal base for adventure activities in the Himalayas. It is situated 30 kms upstream of Rishikesh on a secluded sandy beach by the Ganga.

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ACTIVITIES POSSIBLE

	<p>RAFTING: Is the main activity. A detailed safety briefing will be given by our professional guides before you embark on a raft trip. Safety equipment buoyancy aid, helmets, paddles etc, are all included. Flat water kayak goes along in case of any raft flip.</p>
	<p>RAPPELLING: Rappelling is fun activity where you are made to rappel down from a natural cliff of 65 ft, with the help of a belayed rope, harness, and other safety equipments. The activity takes place under the strict supervision of Himalayan Outdoors instructors.</p>
	<p>KAYAKING: Morning and afternoon session timings are detailed for those interested in learning basics of kayaking under the guidance of our skilled instructors with necessary safety equipment. Do not kayak without first checking with the guide in charge/Camp Manager.</p>
	<p>BEACH VOLLEY BALL: Early evenings and mornings is the best time to get yourself occupied with on of the rarely played sport in the country. Always ask for a escort for the game and take care of the ball in case it goes into the river.</p>

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	<p>CAMP FIRE: Every evening post sunset a camp fire is set up in the middle of the camp and everyone can join in and enjoy the gurgling sound of the river and can be a part of story telling.</p>
	<p>OTHER GAMES: In camp we have some other games available including Frisbee, rugby, and hand ball.</p> <p>We also have a trampoline for keeping kids engaged.</p>

ACCOMMODATION AND STAFF:

TENTS:

Our own manufacturing unit has specially designed the tents. The sleeping area is approx. 120 sq. feet with a canopy in front providing a 3 X 10 feet verandah. All tents are provided with twin beds with crisp linen, the inside furnishings like a bedside table. HO tents are the only ones that offer attached ground sheets to protect sand and insects from entering the tent.

ELECTRICITY:

Please note that due to environment issues we do not have any electricity at the camp

TOILETS:

There are special tents with dry pit toilet arrangements, with western style commodes over a pit, (no squatting required!). These facilities are setup in accordance with the environment guidelines laid down by the Government of Uttaranchal.

CUISINE

We believe in home cooked, sumptuous meals with a varied choice of Indian, Chinese and continental cuisine. Personal requests if any, can be catered to.

Sample menu is as under:

Breakfast:

Porridge/corn flakes, fruit, toast with preserves, eggs, aloo pooree / stuffed paranthas with yogurt, tea.



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Lunch:

Indian – Salad, Rajma, palak paneer, gobi, rice, raita, rotis/parathas, fruit, tea & coffee

Dinner:

Soup, Dal Makhni, Chicken Curry, Matar Paneer, rice, Dahi, green salad and Custard.

Note: Actual menu might change at the last moment depending on seasonal vegetables available in the market.

THE GREEN TEAM:

The camp staff and guides and even our guests are required to adhere to strict Environmental guidelines and live up our policy of “minimum impact and maximum experience of nature”.

ADVENTURE ACTIVITIES:

The camp also acts as a base for many adventure activities like river rafting, kayaking, Burma-bridge, beach volleyball, rappelling, treks, nature walks, birding watching, trampoline jumping, cliff jumping, team games, orienteering and much more.

WILDLIFE:

The virgin forests around the camp are home to over 200 different kinds of birds like Minivets, Flycatchers, Orioles, Hornbills, Woodpeckers, Lapwings, Fowl, Martins, flower peckers etc. The jungles around are part of the Rajaji National Park and are home to different kinds of Deer, Elephants, Wild Boar, The Sloth Bear, Leopards, Monkeys and numerous small mammals and reptiles.

HO FAMILY GETAWAYS:

On offer are great family getaways with well thought out comforts and a host of activities for one and all. Special child handlers are available on request in the camp to look after children while the adults try our other activities.

CORPORATE TRAINING PROGRAMS:

HO's corporate training division specializes in conducting outdoor conferences and HRD training programs for our discerning clients. The corporate courses are designed to work towards the final goal of developing team spirit, enhancing communication skills and building trust amongst colleagues. A qualified management faculty ensures a result based workshop to suit specific corporate needs. Specific team games, activities and conference arrangements are outlined separately.

Check List of Essential Personal Items for Rafting

1. T-SHIRTS (prefer polyester) – FOR RAFT & CAMP
2. SHORTS (QUICK DRYING FOR RAFT)/ LOWER (IN WINTERS)
3. WINDPROOF JACKET
4. CHANGE OF CLOTHES FOR CAMP
5. WARM JACKET FOR CAMP
6. FOOTWEAR -2 PAIRS (ONE EACH FOR RAFT AND CAMP/TREK).
7. SUNSHADE/CAP



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8. SUNSCREEN LOTION
9. SUNGLASSES
10. CORD FOR SPECTACLES & SUNGLASSES
11. CAMERA (OPTIONAL)
12. SWIMSUITS/TRUNKS
13. PERSONAL MEDICATION (IF ANY)

Note: Carry your stuff in a duffel bag, soft shoulder bag or a rucksack. Avoid suitcases, trolleys or any other hard luggage. Also carry a small knapsack to carry your personal items like cameras, water bottles, etc. while walking during the day. Each person should carry a maximum of 15 kgs of luggage on the rafting trip.

SEASON

Mid September- May

NOTES:

1. Minimum age 12 years for rafting. Children below this age may raft, but would only be taken at the discretion of their river guide on the calm, quieter stretches accompanied by parent / guardians.
2. The above itinerary may vary slightly, depending on the existing water levels and your guide's discretion
3. Children under 12 years who wish to do the adult raft trip, would need to get an OK from the HO personnel, who take the decision based on the height & weight ratio for safety. Younger children can do a calmer trip down river, as well as kayaking, volleyball, Frisbee, Rappelling, swimming Burma Bridge, and even hikes into the surrounding forest can be arranged with prior notice. A day in camp is rounded off with a campfire and a leisurely evening with your fellow rafters.

TEMPERATURE

Dec- Jan: 05-20 centigrade

Mar-May, Oct-Nov: 20-30 centigrade

How to reach Camp Gold Coast: Rishikesh

1. We can book the Shatabdi Express / Mussoorie Express/NZ AC special and Jan Shatabdi from Delhi to Haridwar and from there a vehicle would be arranged to take you on to the camp. (Approx. 04 hours by train and 02 hour by road).
2. You can fly into Jolly Grant airport by Kingfisher Airways which operates 2 daily flights between Delhi and Dehradun.
3. For group of 10 - 15 or more, a coach can be arranged to take you from Delhi to the Camp (Approx. 06 - 07 hrs drive).
4. You can take your own vehicle.

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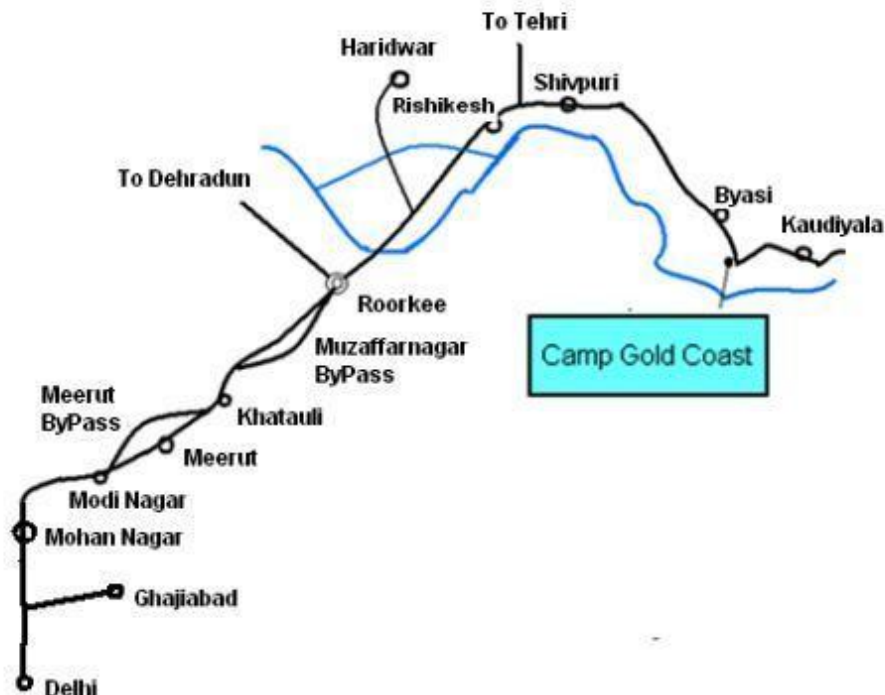
Changing/Cancelling a reservation:

If you cancel the reservation:

1. If a booking is cancelled before 45 days of arrival, there will be 10% cancellation charge.
2. If a booking is cancelled before 16 days and within 44 days of arrival, there will be a 30% cancellation charge.
3. If a booking is cancelled before 15 days and within 06 days of arrival there will be 50% cancellation charges.

If a booking is cancelled within 05 days of arrival there will be 100% cancellation charges.

Any policies dictated by the company will always supersede those stated here. Cancellation has to be made through corresponding email ID; otherwise no cancellation will be entertained. Cancellations will not be accepted over Phone.



Please speak with Mr. Ritesh Ved for further inquiries.
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